

1. Установите соответствие между заголовками 1–8 и текстами А–G. Запишите свои ответы в таблицу. Используйте каждую цифру только один раз. В задании есть один лишний заголовок.

1. A long way to popularity.
2. Revolutionary materials.
3. Borrowed ideas.
4. A stairway to heaven.
5. Brilliant ideas and brave deeds.
6. It had its finest hour.
7. Extraordinary combinations.
8. Ideas on sale.

**A.** Born in 1743, Thomas Jefferson helped shape the new American nation and also shaped some of the country's most famous buildings. The twentieth century architects who designed the circular Jefferson Memorial in Washington D.C. drew inspiration from Thomas Jefferson's architectural ideas. And from where did Jefferson get his ideas? The Pantheon in Rome! This building with its classical portico became a model that influenced Western architecture for 2,000 years.

**B.** Postmodern architecture evolved from the modernist movement, yet contradicts many of the modernist ideas. Combining new ideas with traditional forms, postmodernist buildings may startle, surprise, and even amuse. Familiar shapes and details are used in unexpected ways. Philip Johnson's AT&T Headquarters is often cited as an example of postmodernism. Like many buildings in the international style, this skyscraper has a classical facade.

**C.** The Industrial Revolution in Europe brought about a new trend: the use of metals instead of wood and stone in construction. Built in 1889, the Eiffel Tower is perhaps the most famous example of this new use for metal. For 40 years, the Eiffel Tower measured the tallest in the world. The metal latticework, formed with very pure structural iron, makes the tower both extremely light and able to withstand tremendous wind forces.

**D.** By the early 1800s, Belfast had become a major port at the beating heart of the region's industry. The launching of the Titanic from the ship ways was attended by an estimated 100,000 people, showing how important this event was for Belfast. Many more impressive ships would leave the yard in the coming years before the decline of the shipbuilding industry began in the 1950s, but the Titanic marked the zenith of the great shipbuilding era in Belfast.

**E.** Thomas Andrews was the chief naval architect at the Harland and Wolff shipyard in Belfast during the early 1900s. He brought the idea of 'Olympic class' ocean liners to life. The most famous of these was Titanic, which he joined on its first voyage. His actions when the ship sank on 15 April 1912 are believed to have saved many lives, but at the cost of his own. In his home town of Comber, the life of Thomas Andrews is commemorated by the Memorial Hall, opened in 1915.

**F.** An e-book or "electronic book" is available digitally downloaded, and accessed through a device such as a computer, a smart phone or, popularly, a portable e-book reader. In 1971, Michael Hart began storing vast contents of libraries in electronic formats. Hart named his efforts Project Gutenberg, after the inventor of the printing press. Libraries were early adopters of the technology. But it took nearly thirty years for the idea of the e-book to take firm hold with the consumer.

**G.** The Frankfurt Book Fair is held in October of each year. It usually hosts more than 7,300 exhibitors from 100 countries ranging from Albania to Zimbabwe. For the American book publishing industry, the Frankfurt Book Fair is predominantly a trade fair, that is, a professional meeting place for publishers, editors, librarians, book subsidiary rights managers, booksellers, film producers, authors and many others who are involved in the creation and licensing of book content.

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1. Recovery of a masterpiece.
2. Return of the popularity.
3. Dangerous when rare.
4. Back and deep into the past.
5. Return to the market.
6. A happy comeback.
7. From Eastern to Western culture.
8. They come back in spring.

**A.** The Mona Lisa, also known as La Gioconda, became world famous after it was stolen from the Louvre in 1911. The painting was missing for two years before police traced the theft to Italian painter, Vincenzo Peruggia, who stole the work to return it to its country of origin. The Louvre Museum in Paris built a separate room to house the Mona Lisa, giving up to five million visitors a year the chance to see the painting.

**B.** The tradition of telling stories with a series of sequential images has been a part of Japanese culture long before Superman comic strips. The earliest examples of pre-manga artwork that influenced the development of modern Japanese comics are commonly attributed to Toba Sojo, an 11th-century painter-priest with an odd sense of humor. Toba's animal paintings satirized life in the Buddhist priesthood by drawing priests as rabbits or monkeys engaged in silly activities.

**C.** When the story in which Holmes died was published in a popular magazine in 1893, the British reading public was outraged. More than 20,000 people canceled their subscriptions. The demand for Holmes stories was so great that Conan Doyle brought the great detective back to life by explaining that no one had actually seen Holmes go down the Reichenbach Falls. The public, glad to have new tales, bought the explanation.

**D.** Caviar refers to the salted eggs of the fish species, sturgeon. At the beginning of the 19th century, the United States was one of the greatest producers of caviar in the world. Because of overfishing, commercial sturgeon harvesting was banned. Today, mostly through farm-raised varieties, caviar production has returned in America. Some American caviar is very high in quality and has been compared favorably to wild Caspian caviar.

**E.** T.S. Eliot wrote in his poem, "The Waste Land," that April was the "cruellest month." He was living in England at the time, and the weather there can be dreadfully rainy and cold during spring. But from a cook's point of view, April is anything but cruel. The month brings us some of the freshest, most wonderful foods. Consider the first ripe strawberries, asparagus, artichokes, tiny peas, and so much more.

**F.** When the eruption of Vesuvius started on the morning of 24 August, 79 AD, it caught the local population completely unprepared. The catastrophic magnitude of the eruption was connected with the long period of inactivity that preceded it. The longer the intervals between one eruption and another, the greater the explosion will be. Luckily, the frequent but low-level activity of Vesuvius in recent centuries has relieved the build-up of pressure in the magma chamber.

**G.** Iron Age Britain can only be understood from the archaeological evidence. There are few spectacular ruins from Iron Age Britain. Unlike in Classical Greece or Ancient Egypt, in Iron Age Britain there was no construction of major cities, palaces, temples or pyramids. Rather, it was an essentially rural world of farms and villages, which had no economic or religious need to build palaces, cities, major tombs or ceremonial sites.

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1. To play any tune.
2. A brand new shore museum.
3. Still moving along.
4. Back from the seas.
5. Not a bank but...
6. Magic as attraction.
7. A museum of popular drinks.
8. One tool museum.

**A.** The Salem Witch Museum brings you back to Salem of 1692 for a dramatic overview of the Witch Trials, including stage sets with life-size figures, lighting and a narration. There is also a possibility to go on a candlelight tour to four selected homes. The museum is open all year round and closed on Thanksgiving, Christmas and New Year's Day. Salem is also famous for its Haunted Happenings, a 24-day Halloween festival.

**B.** The Discover Sea Shipwreck Museum opened its doors in 1995, and has one of the largest collections of shipwreck and recovered artifacts in the Mid-Atlantic. It contains about 10,000 artifacts from local and worldwide locations, including an intact blown-glass hourglass from a 200-year-old shipwreck, which is also the world's deepest wooden wreck at the heart of the Bermuda Triangle.

**C.** The Seashore Trolley Museum is the oldest and largest electric railway museum in the world. It was founded in 1939 with one open trolley car, No. 31 from the Biddeford & Saco Railroad Company. The Seashore Trolley Museum contains over 250 transit vehicles, mostly trolleys, from the United States, Canada and abroad. Visitors can even take a trip along the Maine countryside aboard a restored early-1900s electric streetcar.

**D.** American Hop Museum is dedicated to the brewing industry and located in the heart of the Yakima Valley's hop fields, which gather the best harvest for producing beer. It chronicles the American hop industry from the New England colonies to its expansion into California and the Pacific Northwest, and includes historical equipment, photos and artifacts that pay tribute to hop, the everlasting vine that is still an integral part of the brewing industry.

**E.** The Money Museum in Colorado Springs is America's largest museum dedicated to numismatics (the study of collecting coins and metals). The collection contains over 250,000 items from the earliest invention of money to modern day, with items including paper money, coins, tokens, medals, and traditional money from all over the world. Highlights include the 1804 dollar, the 1913 V Nickel, the 1866 no motto series, a comprehensive collection of American gold coins, and experimental pattern coins and paper money.

**F.** The Kenneth G. Fiske Museum of Musical Instruments in California has one of the most diverse collections of musical instruments in the United States. This museum is home to over 1,400 American, European and ethnic instruments from the 17th-20th centuries. Selections from all parts of the world also include keyboards, brass, woodwind, stringed, percussion, mechanical and electronic instruments. Other highlights are rare pieces from the violin and viola families, reed organs and instruments from the Orient and Tibet.

**G.** The Hammer Museum in Alaska is the world's first museum dedicated to hammers. The Museum provides a view of the past through the use of man's first tool. You will find over 1500 hammers on display, ranging from ancient times to the present. The museum does not have any paid staff, and it is run by volunteers. This quaint and quirky museum is an interesting and informative stop for the whole family.

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1. Plan beforehand.
2. Carnival roots.
3. The best viewpoints.
4. Styles of dancing.
5. A music group for a street.
6. Carnival's music.
7. The time for pleasure.
8. The time to attend the Carnival.

**A.** Carnival is the most famous holiday in Brazil and has become a world-famous annual celebration. It is celebrated in towns and villages throughout Brazil for almost a week 40 days before Easter, which is usually in February, the hottest month in the Southern Hemisphere. Officially, it starts on Saturday and finishes on Fat Tuesday with the beginning of Lent on Ash Wednesday, during which some Christians give up something that they enjoy.

**B.** The most colourful events take place in the Carnival World Capital, Rio de Janeiro. It was the original place where, in 1723, Portuguese immigrants went out onto the streets soaking each other with buckets of water and throwing mud and food, often ending up in street brawls and riots. The concept kept changing throughout the 1800s with more organized parades, where the Emperor with a group of aristocrats joined in masks with luxurious costumes and music.

**C.** Now the parade varies from state to state. It is a mixture of arts. The music played during Rio Carnival is samba — a unique Brazilian music originating from Rio. It's also a dance form that was invented by the poor Afro-Brazilians as a type of ritual music. The word "samba" meant to pray to the spirits of the ancestors and the gods of the African Pantheon. As a noun, it could mean a complaint or a cry.

**D.** Even today, the most involved groups in Rio Carnival are the poorest, the so-called "favelas", where houses are made of cardboard or other metal remains, and there is often no water, electricity or sewage system. However, the favelas' residents always join in the festivities and actually make the Carnival, which really means a lot to them. Because, for once during the year, they get to go out and have as much fun as they can.

**E.** Residents of the favelas are often members of local samba schools and are deeply involved with the performance and costumes of their groups. Each neighborhood in Rio has its favorite Carnival street band. There are more than 300 of them in Rio nowadays, and each year this number increases. Each band has its place or street for its parade and the big ones usually close the streets to the traffic.

**F.** Rio de Janeiro is usually divided into three zones. The so-called Zona Sul is by far the most pleasant place to stay in Rio, as it is by the sea and is the most civilized part of the city. Districts Copacabana and Ipanema together form a big stage offering a carnival happening at every corner. Leblon, being a bit more upscale, is also an excellent location.

**G.** Except the industries, malls and the carnival-related workers, the country stops completely for almost a week and festivities are intense, day and night. If you plan to go to watch the Carnival, you should organize your trip well in advance. The best hotels, especially in the Zona Sul, are booked up early, so it's a good idea to make a reservation at least 3 or 4 months in advance.

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1. Hard to see and to believe.
2. From travelling to discovery.
3. Little experience — big success.
4. Small size — great opportunities.
5. Inspired by noble goals.
6. Hard to explain how they could.
7. Protected by law.
8. Breathtaking just to watch.

**A.** Charles Darwin's five-year voyage on H. M. S. Beagle has become legendary and greatly influenced his masterwork, the book, *On the Origin of Species*. Darwin didn't actually formulate his theory of evolution while sailing around the world aboard the Royal Navy ship. But the exotic plants and animals he encountered challenged his thinking and led him to consider scientific evidence in new ways.

**B.** The 19th century was a remarkable time for exploration. Vast portions of the globe, such as the interior of Africa, were mapped by explorers and adventurers. It was the time when David Livingstone became convinced of his mission to reach new peoples in Africa and introduce them to Christianity, as well as free them from slavery.

**C.** Louis Pasteur's various investigations convinced him of the tightness of his germ theory of disease, which holds that germs attack the body from outside. Many felt that such tiny organisms as germs could not possibly kill larger ones such as humans. But Pasteur extended this theory to explain the causes of many diseases — including cholera, TB and smallpox — and their prevention by vaccination.

**D.** Frederick Law Olmsted, the architect who designed New York City's Central Park, called the Yosemite Valley "the greatest glory of nature." Californians convinced one of their representatives, Senator John Conness, to do something about its protection. In May 1864, Conness introduced legislation to bring the Yosemite Valley under the control of the state of California. President Abraham Lincoln signed the bill into law.

**E.** The Maya thrived for nearly 2,000 years. Without the use of the cartwheel or metal tools, they built massive stone structures. They were accomplished scientists. They tracked a solar year of 365 days and one of the few surviving ancient Maya books contains tables of eclipses. From observatories, like the one at Chichen Itza, they tracked the progress of the war star, Mars.

**F.** Bali has been a surfing hotspot since the early 20th century, and continues to attract surfers from all over the world. The island's small size and unique geography provides wonderful surfing conditions, in all seasons, for surfers of any level of experience. Inexperienced surfers might like to try Kuta's kind waves, while more able surfers will try Nusa Dua's powerful waves.

**G.** Base jumping is an extreme sport, one which only very adventurous travelers enjoy. Some base jumpers leap off bridges, others off buildings and the most extreme off cliffs in Norway. Once a year, base jumpers in the US get to leap off the New River Bridge in West Virginia. During the annual Bridge Day, hundreds of jumpers can go off the bridge legally. Thousands of spectators show up to watch.

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1. Perfect time for a picnic.
2. See them fly.
3. From pig to pork.
4. From a holiday to a sport.
5. Diving into history.
6. Famous religious celebrations.
7. Animal races and shows.
8. Music from every corner of the world.

**A.** Diwali is a five-day festival that is celebrated in October or November, depending on the cycle of the moon. It represents the start of the Hindu New Year and honors the victory of good over evil, and brightness over darkness. It also marks the start of winter. Diwali is actually celebrated in honor of Lord Rama and his wife Sita. One of the best places to experience Diwali is in the "pink city" of Jaipur, in Rajasthan. Each year there's a competition for the best decorated and most brilliantly lit up market that attracts visitors from all over India.

**B.** The Blossom Kite Festival, previously named the Smithsonian Kite Festival, is an annual event that is traditionally a part of the festivities at the National Cherry Blossom Festival on the National Mall in Washington, DC. Kite enthusiasts show off their stunt skills and compete for awards in over 36 categories including aerodynamics and beauty. The Kite Festival is one of the most popular annual events in Washington, DC and features kite fliers from across the U.S. and the world.

**C.** The annual Ostrich Festival has been recognized as one of the "Top 10 Unique Festivals in the United States" with its lanky ostriches, multiple entertainment bands and many special gift and food vendors. It is truly a unique festival, and suitable for the entire family. The Festival usually holds Ostrich Races, an Exotic Zoo, Pig Races, a Sea Lion Show, a Hot Rod Show, Amateur Boxing and a Thrill Circus.

**D.** Iceland's Viking Festival takes place in mid-June every year and lasts 6 days, no matter what the weather in Iceland may be. It's one of the most popular annual events in Iceland where you can see Viking-style costumes, musical instruments, jewelry and crafts at the Viking Village. Visitors at the Viking Festival see sword fighting by professional Vikings and demonstrations of marksmanship with bows and muscle power. They can listen to Viking songs and lectures at the festival, or grab a bite at the Viking Restaurant nearby.

**E.** Dragon Boat Festival is one of the major holidays in Chinese culture. This summer festival was originally a time to ward off bad spirits, but now it is a celebration of the life of Qu Yuan, who was a Chinese poet of ancient period. Dragon boat festival has been an important holiday for centuries for Chinese culture, but in recent years dragon boat racing has become an international sport.

**F.** The Mangalica Festival is held in early February at Vajdahunyad Castle in Budapest. It offers the opportunity to experience Hungarian food, music, and other aspects of Hungarian culture. The festival is named for a furry pig indigenous to the region of Hungary and the Balkans. A mangalica is a breed of pig recognizable by its curly hair and known for its fatty flesh. Sausage, cheese and other dishes made with pork can be sampled at the festival.

**G.** Hanami is an important Japanese custom and is held all over Japan in spring. Hanami literally means "viewing flowers", but now it is a cherry blossom viewing. The origin of hanami dates back to more than one thousand years ago when aristocrats enjoyed looking at beautiful cherry blossoms and wrote poems. Nowadays, people in Japan have fun viewing cherry blossoms, drinking and eating. People bring home-cooked meals, do BBQ, or buy takeout food for hanami.

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1. Reason for extension.
2. Presents begin to enrich the collection.
3. New collections for the new building.
4. New field for the old museum.
5. Shift towards history.
6. First famous exhibits.
7. One on the basis of two.
8. Location of the museum.

**A.** The present Ashmolean Museum was created in 1908 by combining two ancient Oxford institutions: the University Art Collection and the original Ashmolean Museum. The older partner in this merger, the University Art Collection, was based for many years in what is now the Upper Reading Room in the Bodleian Library.

**B.** The collection began modestly in the 1620s with a handful of portraits and curiosities displayed in a small room on the upper floor. In the 17th century there were added notable collections of coins and medals later incorporated into the Ashmolean coin collection. The objects of curiosity included Guy Fawkes' lantern and a sword given by the Pope to Henry VIII, and a number of more exotic items.

**C.** In the 1660s and 70s, the collection grew rapidly and, in 1683, the Bodleian Gallery was left to develop as a museum of art. At first, it was a gallery of portraits of distinguished contemporaries, but from the mid 1660s, it began to acquire a more historical perspective with the addition of images of people from the past: college founders, scientists, soldiers, monarchs, writers and artists.

**D.** In the eighteenth century, several painters donated self-portraits. They also added a number of landscapes, historical paintings and scenes from contemporary life. Other donors, former members of the University, added collections of Old Masters so that by the early nineteenth century, it had become an art gallery of general interest and an essential point of call on the tourist map. The public was admitted on payment of a small charge. Catalogues were available at the entrance and the paintings were well displayed in a large gallery.

**E.** It was only with the gift of a collection of ancient Greek and Roman statuary from the Countess of Pomfret in 1755 that the need for a new art gallery became urgent. The marble figures were too heavy to be placed in an upstairs gallery and were installed in a dark ground-floor room in the library pending the creation of a new museum.

**F.** Before the new museum was finished, a major group of drawings by Raphael and Michelangelo was purchased by public subscription for the new galleries, establishing the importance of the Oxford museum as a centre for the study of Old Master drawings. The new museum also attracted gifts of paintings. In 1851, a collection of early Italian paintings, which included Uccello's "Hunt in the Forest" of the museum's major works of art was presented.

**G.** In the 1850s, the University established a new Natural History Museum, which is now known as the Oxford University Museum of Natural History. And all the natural history specimens from the Ashmolean were transferred to the new institution. Having lost what had become the most important element in its collection, the Ashmolean was to find a major new role in the emerging field of archaeology.

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1. Use of a dead language.
2. Violating regulations.
3. Careless behaviour.
4. Needs protection.
5. Reaching a target audience.
6. Let the air in.
7. Original meaning.
8. Using modern technology.

**A.** Distance education or e-learning offers several advantages. Students participating in e-learning programs are often able to set their own schedules and work at their own pace. The learning experience can be supported by multimedia such as videos, interactive websites, and real-time conferencing with experts from anywhere in the world. Additionally, e-learning programs are less expensive than traditional ones.

**B.** Jacob and Wilhelm Grimm did not expect to create a children's collection of fairy tales. Instead, they wanted to preserve Germany's oral tradition by collecting different stories. Not until several editions of their collection were published did the brothers realize that children were to be a major audience. Once the Brothers Grimm saw this new public, they tried to refine and soften their tales, which had originated centuries earlier as folklore.

**C.** The five Potter books have sold 250 million copies worldwide in 55 languages, including Latin and Ancient Greek. In Harry Potter and the Half-Blood Prince, J. K. Rowlings uses spells and charms that are largely based on Latin. But one of the most serious spells, Avada Kedavra, may be a variant of "abracadabra". In the Harry Potter series, it is a spell that causes death. Harry Potter is the only one known to have survived it.

**D.** Critics of the Harry Potter books point out that the main characters who are supposed to be "good" are consistently and regularly portrayed as breaking all manner of ethical rules like those against lying, cheating, and stealing. They also regularly break school rules against behavior like going out at night, using magic in the Muggle world, and so forth.

**E.** On Christmas Eve of 1968, NASA astronaut William Anders, while orbiting the moon with the Apollo 8 mission, took a photograph that provided a foundation for the modern green movement. His photo shows a small, blue planet Earth peeking over the horizon of the Moon. The image of a small planet, alone in a vast ocean of space, showed billions of people the fragility of our planet and the importance of preserving and protecting Earth.

**F.** There are many indoor air pollutants that can be harmful. Indoor air can be up to 100 times more polluted than outdoor air. Organic compounds from some paints, carpets, synthetic fabrics and adhesives are a known health hazard, contributing to the disease known as Sick Building Syndrome. Proper technology can help — open windows to let fresh air in and bad air out.

**G.** Some people, especially in rural areas, burn their trash in pits or barrels. It seems an easy way to get rid of your garbage, but the smoke it creates has a lot of really unhealthy toxic chemicals. Burning things like foam cups, plastics, and colored and bleached paper in backyards or even fireplaces causes toxic smoke that can spread throughout the neighborhood.

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1. A step to a wider variety.
2. Varieties of theatre.
3. Modern problems.
4. Theatre and politics.
5. Origin of theatre.
6. Ladies enter.
7. Not the least important.
8. Stars for a repertoire.

**A.** Modern Western theatre comes in large measure from ancient Greek drama, from which it takes technical terminology, classification into genres, and many of its themes, stock characters, and plot elements. The Greeks also developed the concepts of dramatic criticism, acting as a career, and theatre architecture. The theatre of ancient Greece consisted of three types of drama: tragedy, comedy, and the satyr play.

**B.** Western theatre developed and expanded considerably under the Romans. The Roman historian Livy wrote that the Romans first experienced theatre in the 4th century BC. The theatre of ancient Rome was a thriving and diverse art form, ranging from festival performances of street theatre, nude dancing, and acrobatics, to the staging of broadly appealing situation comedies, to the highstyle, verbally elaborate tragedies.

**C.** Theatre took on many different forms in the West between the 15th and 19th centuries, including commedia dell'arte and melodrama. The general trend was away from the poetic drama of the Greeks and the Renaissance and toward a more naturalistic prose style of dialogue, especially following the Industrial Revolution. Theatre today, broadly defined, includes performances of plays and musicals, ballets, operas and various other forms.

**D.** The eighteenth century in Britain introduced women to the stage, which would have been extremely inappropriate before. These women were looked at as celebrities but on the other hand, it was still very new and revolutionary that they were on the stage and some said they were unladylike and looked down n. Charles II did not like young men playing the parts of young women, so he asked that women play their own parts.

**E.** Theatre took a big pause during 1642 and 1660 in England because of Cromwell's Interregnum. Theatre was seen as something sinful and the Puritans tried very hard to drive it out of their society. Because of this stagnant period, once Charles II came back to the throne in 1660, theatre (among other arts) exploded because of a lot of influence from France, where Charles was in exile the years previous to his reign.

**F.** Stagecraft is a term referring to the technical aspects of theatrical, film, and video production. It includes constructing scenery, hanging and focusing of lighting, design and procurement of costumes, makeup, props, stage management, and recording and mixing of sound. Considered a technical rather than an artistic field, it is equally crucial for the practical implementation of a designer's artistic idea.

**G.** While most modern theatre companies rehearse one piece of theatre at a time, perform that piece for a set "run", retire the piece, and begin rehearsing a new show, repertory companies rehearse multiple shows at one time. Repertory theatre generally involves a group of similarly accomplished actors, and relies more on the reputation of the group than on an individual star actor.

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1. Water-related diseases.
2. Personal measure.
3. Ways of using.
4. More than survival.
5. Physical characteristics.
6. Worrying statistics.
7. Hard to get.
8. Natural threats.

**A.** Water is the most important resource for mankind. It is a condition for all life on our planet, a factor for any social and technological development, a possible source of welfare or misery, cooperation or conflict. 97 percent of it is undrinkable because it's saltwater. Only 3 percent of the world's water supply is fresh water, and 77 percent of that is frozen. Of the 23 percent that is not frozen, only a half a percent is available to supply everyone with all the water they need to survive.

**B.** Natural disasters like earthquakes, tornados, hurricanes and other types of incidents can disrupt drinking water and wastewater systems. Water consumers, water and wastewater utilities, and private well and septic owners should be informed on what to do in emergency. It is important to be prepared because drinking water and wastewater disruptions can directly threaten your health, the health of your family, and the health of your community.

**C.** Water security is about fighting poverty and hunger, and protecting the environment. It is about saving children from disease. It is about allowing girls to go to school instead of walking kilometers to fetch water. It is about providing women and men with access to sanitation, wherever they live. Fundamentally, it is about peace. When we talk about water security, we are really talking about human rights, human dignity, and the development of all societies.

**D.** Water is the only substance that occurs naturally as a solid (ice), a liquid and a gas (water vapor). It covers about 70 percent of the Earth for approximately 1,386 million cubic kilometers. In its purest form, it's odorless, nearly colorless and tasteless. Water molecules are naturally attracted and stick to each other like magnets. This is the reason behind many of water's special properties, such as the fact that it's denser in its liquid state than in its solid state (ice floats on water).

**E.** You use water to clean yourself, your clothes, your dishes, your car and everything else around you. You can travel on it or jump in it to cool off on hot summer days. Many of the products that you use every day contain water or were manufactured using it. It seems pretty simple, and yet there are a lot of things about it that scientists still don't fully understand.

**F.** Every day you lose water. For your body to function properly, you must replenish its water supply. So how much fluid does the average, healthy adult living in a temperate climate need? The Institute of Medicine determined that an adequate intake for men is roughly 3 liters a day. The intake for women is 2.2 liters a day. But in truth, your water needs depend on many factors, including your health, how active you are and where you live.

**G.** Around 1.1 billion people globally do not have access to clean water supply sources whereas 2.4 billion people do not have bathrooms with running water. About 2 million people die every year due to water-related diseases, most of them are children less than 5 years of age. The most affected are people in developing countries, living in extreme conditions of poverty.

Текст	A	B	C	D	E	F	G
Заголо- вок							

**11. Установите соответствие между текстами A–G и заголовками 1–8. Запишите свои ответы в таблицу. Используйте каждую цифру только один раз. В задании один заголовок лишний.**

1. Different pets, different characters.
2. Having fun together.
3. A long-term treatment.
4. Reading dog stories.
5. Friends in need.
6. Pets can teach.
7. A global problem and its solution.
8. Where to get a pet.

**A.** It has become clear that stress affects our mental and physical health and, sadly, our world has become more stressful than ever. We live in the environment that can easily wear us out. Luckily, there are certain methods to reduce stress and have control. One of the best is to own a pet. Pets require attention and dedication, but those are small prices to pay for the amount of benefits they bring into our lives.

**B.** Pets provide support because they are always available to listen (without any judgment) or rub up against your hand, which can help you relax after a hectic day. They can help you see the situation differently and let out some steam.

Moreover, when you are feeling under the weather, there is nothing like a sweet pair of eyes that immediately get your mind off thoughts that are making you sad and depressed.

**C.** Companionship with a loving pet is a real source of entertainment. Pets are constantly giving off love and gratitude, and they are happy to be in your presence. You can be yourself around pets. You can dance silly or talk silly, and they will not criticize you. In fact, they will love the silliness and get silly themselves. Cats and dogs are fantastic companions to sit down and watch TV at night.

**D.** Studies have shown that communicating with a pet boosts the immune system, improves heart health, reduces physical pain, and improves mental health as well. One man with tuberculosis says that the cat he received after his diagnosis kept him going for 21 years with little pain and very few physical issues. He talked to his cat which helped him walk through his troubles. That proves the power of true love that animals have.

**E.** Pets are living creatures that have habits and personalities. They can surprise you. Dogs, cats, and birds are probably most known for having distinct personalities. However, one snake owner says that her snake had his own unique personality. He got excited when she came into the room, and she would often put him in the bathtub where he would do all sorts of funny tricks while splashing around.

**F.** No matter what type of pet you get, it will require you to take care of it. Being responsible for another living being can help you be more responsible in the rest of your life too. This is especially true for kids who are learning the value of good habits. However, adults can benefit from the consistent responsibility as well. Responsible pet owners are kind to pets and remember they are their pets' world.

**G.** With millions of cats and dogs killed in shelters in the United States every year, adopting a pet instead of buying one saves at least one animal's life. Adoption saves not only the animal you adopt, but also the new animal the shelter can take in. Adopting from a shelter helps both ends of the problem: fewer animals will be bred, and more animals can go to a good home.

Текст	A	B	C	D	E	F	G
Заголо- вок							

12. Установите соответствие между текстами A–G и заголовками 1–8. Запишите свои ответы в таблицу. Используйте каждую цифру **только один раз**. В задании **один заголовок лишний**.

1. Look to your past.
2. Health benefits of hobbies.
3. Finding a hobby that suits you.
4. Dangerous hobby.
5. Time out with a purpose.
6. Finding time for your hobby.
7. Making new friends.
8. Finding excitement.

**A.** Hobbies provide work-free and responsibility-free time in your schedule. This can be especially useful for people who feel stressed by all that they have to do and need to recharge their batteries. For some of us it may be difficult to give ourselves permission to just sit and relax. Having a hobby, however, can provide a break and help people feel that they're not just 'sitting around' but are using their free time for something productive.

**B.** Are there things you enjoyed as a child that you might still enjoy as an adult? Maybe you had a fantastic record collection, loved to make clothes for your dolls or were always out on your bike. Those are all things you could pick up again as an adult that would make great hobbies. Or there may be hobbies in your home right now that you started but have recently forgotten about. Maybe it's time to finish that crochet project or pick up the guitar again.

**C.** If you're adding a new thing into your life, you have to take time and focus away from something else. The good news is that most of us have a lot of time we're not using well, either because we're spending a lot of time online or watching TV or just wasting time we could be spending on our hobbies. See if you can spend a half hour or so every other day to explore your interest. This way it would be best in case you find that hobby isn't for you after all.

**D.** Of course, everyone is different and your personality does play a role in what sorts of hobbies you'll like. If you don't have a lot of patience you might feel that knitting is too much for you, but exploring quick sewing projects might be a better choice. Maybe you really like being with friends, so you need to take a class or have an interest that you can do with a group. If you travel a lot, something portable or that you can do anywhere is helpful.

**E.** One study found that those who engage in physical leisure activities for at least 20 minutes once a week are less likely to have a fatigue. Other research found that enjoyable activities performed during leisure time were associated with lower blood pressure, total cortisol, and body mass index, and feelings of better physical function. Such activities were also associated with higher levels of positive psychosocial states and lower levels of depression.

**F.** When you look for material or equipment for your hobby, you are likely to find people who have the same hobby as you. You may be surprised to know how serious some people are about their hobbies and therefore would have great knowledge of their chosen pastime. Instead of meeting people from your work or college or those whom you have grown apart with, it is a great way to meet people with whom you have something in common.

**G.** For those who aren't very stressed and may actually be understimulated, hobbies provide a nice source of eustress, the healthy kind of stress that we all need to remain feeling happy about life. If the rest of your life is somewhat dull or uninspiring, hobbies can provide meaning and fun, and can break up a boring schedule, without feeling like work. In other words, hobbies can provide just the right amount of challenge.

Текст	A	B	C	D	E	F	G
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13. Установите соответствие между текстами A–G и заголовками 1–8. Запишите свои ответы в таблицу. Используйте каждую цифру **только один раз**. В задании **один заголовок лишний**.

1. Reasons to be afraid.
2. Fight your fear.
3. A place of wonders.
4. How to say thank you.
5. Visiting for wild life and animals.
6. Learn to be grateful.
7. It's never late to learn.
8. Reading non-verbal language.

**A.** Nowadays when it's all too easy to send an email or text, the best way to show that you are grateful to somebody is to actually mail a hand-written card. The person who gets it will know you took the extra time and thought to write a card and put it in the mail with a nice stamp. That person will appreciate your efforts much more. Plus, you'll get the added bonus of feeling grateful a little longer than usual as you write out each note and wait for it to arrive.

**B.** Music is a noble passion, and people who can play a musical instrument have always been seen as intelligent people. Learning how to play a musical instrument is far more efficient if you do it in childhood. However, there are millions of adults who learn to enjoy music throughout their lives. Moreover, they don't focus on just one instrument, but specialize in two or even more, if they have the time and the necessary ambition.

**C.** Millions of people avoid air travel each year because of their fear of flying. The fear of accidents happening is probably the most common fear among air travellers. It is an understandable fear, since there have been many aviation accidents throughout history. Some people may have a fear that the plane has some type of malfunction or breakdown, while others may have a fear that the weather or turbulence will affect the plane.

**D.** Try to understand that being scared is just an illusion that makes you limited and miserable. Take control of your mind and don't let your imagination create frightening pictures in your head. If you cannot deal with it, you should make attempts to leave your comfort zone. Choose things and activities you are afraid of and meet your worries face to face, because it is impossible to run away from them. Just face your troubles no matter how powerful they may seem.

**E.** When you get chronically bored with something, your mind gets used to seeing the world negatively. It is necessary to break the chain of negative thoughts and train your mind to notice the best. Just write down 5 things you are thankful for. This way, your mind will change for the better in a while. The thankfulness will open your eyes to the beauty of the world around you and will help you to focus on positive moments in your life.

**F.** If you go to Ireland, go to isolated distant places in the country, talk to the locals and they will tell you the stories about the mythical Irish place, called the Otherworld. They believe that it is the land of paradise and happiness. In Irish poetry and tales, it is described as a series of islands near Ireland where the various fairytale creatures lived. Also the Otherworld seemed to be able to move from one location to another.

**G.** Many people can understand the nature of character without talking to the person they are interested in. The gestures and postures usually reflect the mood and the level of the person's confidence. It's easy to notice a highly confident person even in a big group of people. They stand in one place without constant moving from place to place, and they always make eye contact with the person they are talking to.

Текст	A	B	C	D	E	F	G
Заголо- вок							

**14. Установите соответствие между текстами А–Г и заголовками 1–8. Запишите свои ответы в таблицу. Используйте каждую цифру только один раз. В задании один заголовок лишний.**

1. Fun in theory, boring in reality.
2. Saving rare animals.
3. Deficit of activity problems.
4. Ready to help.
5. Similar sounds — different emotions.
6. Benefits of being outdoors.
7. Contrary to popular belief.
8. Original style.

**A.** In addition to being highly intelligent, elephants are capable of a remarkable amount of empathy. During a natural disaster, elephants are able to understand that something dangerous is happening. They can understand that a person is in trouble and that the situation is unsafe. Elephants have good sense of smell and there have been cases when they alerted rescuers to people trapped in a building. Elephants have been observed saving their young from drowning and also been filmed trying to save people they see at risk of drowning.

**B.** A lot of studies suggest that green spaces enhance mental health and learning capacity, both immediately and over time, by lowering stress levels and restoring attention. Greenery restores attention by drawing the eye and at the same time calms the nervous system, creating an ideal state for learning. Similarly, studies show that spending time in the sunlight can reduce attention deficit symptoms, while bright light first thing in the morning can improve mood and the quality of sleep.

**C.** Why are hyenas known for laughing? There is even a phrase we use: "to laugh like a hyena". Zoologists will tell you that the unique sounds they make are actually no laughing matter. Hyenas indeed make loud barking noises that sound like laughter, but it's not because they're amused by anything. Instead, a hyena's "laughter" is actually a form of communication used to convey frustration, excitement, or fear. Most often, you'll hear this unique vocalization during a hunt or when the animals are feeding on prey as a group.

**D.** Zoologists believe that boredom isn't a uniquely human emotion — animals can be bored, too. Animals which live in captivity (in zoos, for example) and don't have to take care of their survival may experience boredom and try to find ways to overcome it. They may come up with some "creative" activities which they wouldn't normally do in their natural environment. As for the pets at home, they may also suffer from the lack of stimulation. That's why we need to make sure we give them enough time, attention and toys regularly.

**E.** While most dogs jump eagerly into the water to swim, cats don't usually do that, and many believe that cats have a phobia of water. But some pet groomers insist that it's not true and getting a cat to trust you enough to bathe is quite possible, with some patience and skill. Most cats are not afraid of water like so many people may think. They are actually afraid of loud noises and of drowning, rather than water itself. Cats drink water every day, lots of cats even play with water or follow people into the shower.

**F.** Videogame testers spend most of their time testing the game long before it's finished and long before it starts to become a fun experience. Even after the game is developed enough to start being fun, the testing tasks often aren't entertaining at all. Testers may have to walk their character around a forest, for example, to look for trees that aren't drawn well. They then record the coordinates so an artist can fix them later. It's monotonous work and can take days to finish. So if testing video games seems like a fun, easy job to you, think again.

**G.** Claude Monet's impressionist paintings were all about nature. In his works he tried to capture nature as it appeared to him at the moment. He also experimented with light and shadow and how they changed during different times of the day. Some artists of the time criticized Monet because his works lacked detail and didn't resemble finished paintings. Monet used strong colours, which he did not mix. He painted them onto the canvas in short brush strokes. He was also criticized for not using classical painting techniques.

Текст	A	B	C	D	E	F	G
Заголо- вок							

**15. Установите соответствие между текстами А–G и заголовками 1–8. Запишите свои ответы в таблицу. Используйте каждую цифру только один раз. В задании один заголовок лишний.**

1. Information and technology.
2. Never put off till tomorrow.
3. Don't forget to rest.
4. Set realistic targets.
5. Find a place to your liking.
6. Write down and revise.
7. More important at college.
8. Study plans per week.

**A.** Today's young generation will also need to master a new skill — digital literacy. Digital literacy can be defined as "the ability to find, evaluate, utilize, share, and create content using information technologies and the Internet". Digital literacy, by this definition, encompasses a wide range of skills, all of which are necessary to succeed in an increasingly digital world. Students who lack digital literacy skills may soon find themselves at a disadvantage. As technology changes, students also need to keep updated.

**B.** The key to becoming an effective student is learning how to study smarter, not harder. This becomes more and more true as you advance in your education. An hour or two of studying a day is usually sufficient to make it through high school with satisfactory grades, but when college arrives, there aren't enough hours in the day to squeeze all your studying in if you don't know how to make your study efficient without skipping sleep or meals. The vast majority of successful college students achieve their success by developing and applying effective study habits.

**C.** Ever find yourself up late at night expending more energy trying to keep your eyelids open than you are studying? If so, it's time for a change. Successful students typically space their work out over shorter periods of time and rarely try to cram all of their studying into just one or two sessions. If you want to become a successful student, then you need to learn to be consistent in your studies and to have regular, yet shorter, study sessions, with periods of rest in between. That will give your brain time to process the new information.

**D.** Successful students schedule specific times throughout the week when they are going to study — and then they stick with their schedule. Students who study sporadically and whimsically typically do not perform as well as students who have a set study schedule. Creating a weekly routine, where you set aside a period of time a few days a week, to review your courses will ensure you develop habits that will enable you to succeed in your education long term. You won't get stressed or overwhelmed by portioning your workload.

**E.** It is very easy, and common, to put off your study session because of lack of interest in the subject, because you have other things you need to get done, or just because the assignment is hard and needs effort and perseverance. Successful students do not procrastinate studying. If you procrastinate your study session, your studying will become less effective and you may not get everything accomplished that you need to. Procrastination also leads to rushing, and rushing is the number one cause of errors.

**F.** Always make sure to take good notes in class. Before you start each study session, and before you start a particular assignment, review your notes thoroughly to make sure you know how to complete the assignment correctly. Reviewing before each study session will help you remember important subject matter learned during the day, and make sure your studying is targeted and effective. Successful students also look through what they have written down at their lectures and seminars during the week over the weekend.

**G.** Everyone gets distracted by something: TV, or maybe family. Some people actually study better with a little background noise. When you're distracted while studying you lose your train of thought and are unable to focus — both of which will lead to very ineffective studying. Before you start, find a place where you won't be disturbed. For some people this is a quiet cubical in the recesses of the library. For others it is in a common area where there is little background noise. For some it may be a park or a garden — there are so many options to choose from!

Текст	A	B	C	D	E	F	G
Заголо- вок							

16. Установите соответствие между текстами А–Г и заголовками 1–8. Запишите свои ответы в таблицу. Используйте каждую цифру **только один раз**. В задании **один заголовок лишний**.

1. Different terms.
2. The importance of sleep.
3. Lack of sleep.
4. Reasons to be active.
5. What is obesity.
6. Sleep and obesity.
7. Emotions and sleep.
8. How long to sleep.

**A.** When a person has excess weight or body fat, this might affect their health. It is usually caused by the consumption of more calories than the body can use. The excess calories are stored as fat. Obesity is a medical condition. It was first recognized as a disease in 1948 by the World Health Organisation (WHO). Obese people suffer from a large number of diseases. In most people, obesity is caused by eating too much and moving too little. There are different types of obesity.

**B.** It's never too late to become more physically active. Physical activity refers to any movement of the body that uses energy. It can include housework, walking and gardening. Exercise is a kind of physical activity. It is planned and repetitive. Examples of exercise are going to the gym and running on a treadmill. If you are interested in maintaining good health, physical activity can be a great place to start. If you want to achieve fitness goals, you will need to incorporate structured exercise into your routine.

**C.** Exercising regularly is one of the most important things you can do for your health. In the short term, exercise helps to control appetite, boost mood and improve sleep. In the long term, it reduces the risk of heart disease, stroke, diabetes, dementia and depression. Exercise plays a vital role in building and maintaining strong muscles and bones. Regular exercise also increases your chances of living longer. There are many types of physical activity, including swimming, running, jogging, walking and dancing.

**D.** Sleep plays an essential role in your health and well-being. Getting enough good quality sleep has many benefits. It protects your physical and mental health, quality of life and personal safety. When we sleep, our brain lays down memory, restores daytime mental functioning and carries out processes that lead to physical growth. Poor sleep is strongly linked to weight gain. People with short sleep duration tend to weigh significantly more than those who get adequate sleep. Mental health issues are strongly linked to poor sleep quality.

**E.** Sleep is a vital indicator of overall health and well-being. On average, adults should optimally receive between seven and nine hours of sleep each night, but those needs vary individually. For example, some people feel best with eight consecutive hours of sleep, while others do well with six to seven hours at night and daytime napping. Some people feel okay when their sleep schedule changes, while others feel strongly affected by a new schedule or even one night of insufficient sleep.

**F.** Obesity develops when energy intake is greater than expenditure. Diet and physical activity play an important part in this. However, an additional factor may be inadequate sleep. A growing body of research suggests that there's a link between how much people sleep and how much they weigh. In general, children and adults who get too little sleep tend to weigh more than those who get enough sleep. People who don't get enough sleep may take in more calories than those who do, simply because they are awake longer and have more opportunities to eat.

**G.** People find it harder to fall asleep when they are anxious and sad. The relationship between mood disorders and quality sleep is a complex, two-way street. Just as negative mood states can make getting a good night's sleep a virtual impossibility, insufficient sleep can lead to depression. Regardless of which comes first, the end result is that a blue mood and poor sleep go hand-in-hand. The amount and quality of our sleep can play a huge role in our mental health including how we feel and how we act toward other people.

Текст	A	B	C	D	E	F	G
Заголо- вок							

17. Установите соответствие между текстами A–G и заголовками 1–8. Запишите свои ответы в таблицу. Используйте каждую цифру **только один раз**. В задании **один заголовок лишний**.

1. The history of taming.
2. Comparing the two species.
3. A beautiful place to be saved.
4. Reasons to domesticate cows.
5. The evolution of bison.
6. Born to be wild.
7. Safer than before, but not enough.
8. Failed attempts to protect.

**A.** It is likely that the modern European bison arose from the steppe bison. Recent research says it appeared as a result of an interbreeding event between the steppe bison and the ancestor of modern cows around 120,000 years ago. At one point, some steppe bison crossbred with the ancestors of the modern yak. After that, a population of steppe bison crossed the Bering Land Bridge to North America. Then the steppe bison spread through the northern parts of North America, where it lived until around 8,000 years ago..

**B.** The Prioksko-Terrasny Nature Reserve is one of the smallest in Russia. It covers an area of 4,960 hectares on the terraces of the Oka River valley. This is a unique area with its natural diversity of pine and mixed forests, small rivers, streams and marshes. Here you can observe the life of animals and birds in their natural habitat. The symbol of the reserve is a bison. This is a wild forest bull, which was recently on the verge of extinction. Bison youngsters grown up to two years in the reserve are sent to replenish free-living populations.

**C.** Though the American and European bisons are close relatives, it is easy to spot clear differences in their behaviour and build. Adult European bisons are slimmer in build and have longer legs. European bisons tend to graze less and walk around more than their American relatives. This difference in behaviour is reflected in their build. The American bison's head hangs lower than the European's does. American bisons are more easily tamed than their European cousins are. They also breed with domestic cattle more readily.

**D.** American bisons are known for living on the Great Plains. Bisons were hunted close to extinction during the 19th and 20th centuries, but have since rebounded. The European bison owes its survival, in part, to the Chernobyl disaster. Ironically, the Chernobyl Zone has become a kind of wildlife preserve, though poaching has become a threat in recent years. The American Plains bison is no longer listed as endangered, but this does not mean the species is safe. Their fragmented herds call for active conservation measures.

**E.** In the middle of the 19<sup>th</sup> century people started realising how important the buffalo was. Reasons for that included not only animal cruelty, but also ecological and future resources. Someone needed to speak out, and over the years they did, but never enough at one time to count. The real extermination of the buffalo was caused by the demands of trade, aided by hunters and Indians. However, the blame really lies with the government, which in all those years permitted a few ignorant Congressmen to block the laws protecting these animals.

**F.** There have been several attempts to tame the buffalo, but there are a few things that stand in the way. The buffalo is very aggressive by nature; it can run up to 40 mph and can jump vertically in the air almost their entire height. Imagine trying to teach an angry, prancing sedan to stay still and respect you. All that said, there have been instances of domestic buffalo. This is possible if they are raised from calves to be only with humans. Even then, they seem to be loyal and friendly with a small set of humans, not all humans.

**G.** At about the same time they domesticated plants, people in Mesopotamia began to domesticate animals for meat, milk, and hides. Hides were used for clothing, storing things and for building tent shelters. Goats were probably the first animals to be domesticated, followed closely by sheep. Later, people began domesticating larger animals, such as oxen or horses, for ploughing and transportation. These are known as beasts of burden. The easiest animals to domesticate are herbivores that graze on grass, because they are the easiest to feed.

Текст	A	B	C	D	E	F	G
Заголо- вок							

**18.** Установите соответствие между текстами **A–G** и заголовками **1–8**. Запишите свои ответы в таблицу. Используйте каждую цифру **только один раз**. В задании **один заголовок лишний**.

1. First things first.
2. Set objectives wisely.
3. Delegate and refuse.
4. Plan for efficiency.
5. Not only work matters.
6. Avoid distractions.
7. The faster, the better.
8. Importance of time management.

**A.** Time is precious, particularly when it comes to running a small business. While being your own boss is a dream for many, it comes with a lot of responsibility. No doubt, you never seem to be able to check off all the items on your to-do list. From networking to marketing your company, it may seem like there's an endless number of tasks and never enough time. If you want to maintain a healthy work-life balance, your time management skills really need to be on point. After all, there are never more than 24 hours in a day.

**B.** Goal setting is crucial to any good time management strategy. To make sure you're engaging in activities that support your business goals, both short- and long-term, you need to define those goals in terms that are clear and achievable. After all, if your goal is just "to grow your business," you might find yourself stressed and not know where to begin. Standing for "Smart, Measurable, Achievable, Relevant, and Time-bound", SMART goals provide clear, step-by-step tasks to help you get where you need to go.

**C.** Once you have set your goals and determined the individual tasks you need to do to achieve them, it's time to prioritise. Of course, you want to make sure you're getting things done, but they should be the right things. Stephen Covey offers advice on how to work through your to-do list based on urgency. Focus your energy on completing your most important and urgent tasks before moving on to less time-sensitive items. Low-priority stuff offers the illusion of being busy. Do these later.

**D.** One of the worst things you can do is jump into the workday with no clear idea about what needs to get done. While it might seem like a waste of time to take five to ten minutes to think ahead rather than getting straight down to business, you'll be surprised at how much more efficient you can be just by dedicating a little time to planning out the rest of the day. If you schedule your time wisely, you can focus on one task at a time, rather than wasting time jumping from one thing to the next. This allows you to work smarter, not harder.

**E.** Start paying attention to the number of times someone interrupts you when you are doing an important task. Track self-induced interruptions, too, particularly those of the social media variety. Your smartphone is extremely useful, but it's also highly addictive and among the most harmful time-wasters known to man. It may take a massive exercise in will power, but shut the door and turn off your phone to maximize your time. Instead of being "always on", plan a break in the day to catch up on email, make phone calls, etc.

**F.** If you have hired talented, dedicated employees, one of the most impactful management tools is asking them to handle some tasks. Running a successful small business depends on the owner's ability to think about what lies ahead and not get stuck in day-to-day operations. Look for opportunities to pass responsibility for specific tasks to others on your team. That's what you hired them for, isn't it? If you have to decline a request in order to attend to what's truly important and urgent, do not hesitate to do so.

**G.** Taking care of yourself is important. In fact, one Harvard study found that insomnia can cause the average worker to lose up to 11.3 days of productivity each year, while another study found that regular exercise helps improve concentration, sharpen memory, speed up your ability to learn, and even lower your stress levels. Making sure you have some free time each day to spend on the people and things you love is important for your mental health, and can help keep you energised and passionate about your work.

Текст	A	B	C	D	E	F	G
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19. Установите соответствие между текстами A–G и заголовками 1–8. Запишите свои ответы в таблицу. Используйте каждую цифру **только один раз**. В задании **один заголовок лишний**.

1. Importance to people.
2. Types of migrating birds.
3. A way of spending free time.
4. Where birds migrate.
5. Behaviour and feeding habits.
6. Causes of bird extinction.
7. Causes of bird migration.
8. Where birds live.

**A.** Birds are distinguished from all other animals by their feathers. Some types of birds live alone most of the time. Other types are more social. They may sleep, fly, and nest in groups called flocks. Birds use different sounds to communicate with one another. For example, some baby chicks stop moving when their mother produces a danger call. They may also sing to announce that a certain patch of land belongs to them. Many types eat insects. Some water birds catch fish. Many other types eat plant material.

**B.** Birds are found almost everywhere on Earth. There are more than 10,000 types of birds. All birds have similar features. The loss of a complete bird species may be inevitable because they are too sensitive to rapid changes. Birds living on small islands, or in desert or mountainous regions, can be vulnerable to slight changes in climate, while even minor disruptions of forest habitats can affect the breeding habits and survival of others. In some regions, it is the hunting of birds, for sport or to trade their pelts, that is the greatest threat.

**C.** Birds have spread throughout all parts of Earth because of their ability to fly. They live in a great variety of habitats, including fields, forests, grasslands, deserts, marshes, islands, and the open ocean. The size of an area and the diversity of the habitats help determine the number of species found in a given area. Many birds migrate, or fly long distances between their winter and summer homes. For example, many European birds travel to Africa for the winter. This helps them find enough food year-round.

**D.** Every bird when it is seen for the first time brings a thrill of discovery. The spring migration is a fresh wonder every year. The surprise and delight of coming across a rarity and the difficulty of keeping it in view long enough to be sure of what it is help to make bird-watching an endless fascination. Birdwatching is a hobby that can be enjoyed for a lifetime. In bird clubs the membership ranges in age from young children to grandparents. Bird-watching can combine healthy outdoor activity with the pursuit of beauty and knowledge.

**E.** Some birds never move far from where they were born whereas others migrate and can travel huge distances in the process. Birds migrate from one summer season to the other. Although they take a lot of risk when they migrate, for many of them it significantly improves their chances of survival and allows them to raise more offspring in another region. Birds migrate to move from areas of low or decreasing resources to areas of high or increasing resources.

**F.** Birds and their eggs have been sources of food for humans since their origin and still are in most societies. With the rise of agriculture, birds became important to farmers. In their constant search for food, wild birds eat huge numbers of insects, weed seeds, and rodents. Insects, weeds, and rodents cut down the amount of food the farmer can harvest from field, garden, and orchard. Many people keep birds as pets. Small finches and parrots are especially popular. Zoological parks are a source of recreation for millions of people each year.

**G.** Migration is often annual. It is closely linked with the cyclic pattern of the seasons. It is most evident among birds, which have a highly efficient means of traveling swiftly over long distances. The migration of most birds is a yearly cycle. Not all birds migrate. Permanent residents do not migrate. They are able to find adequate supplies of food year-round. Short-distance migrants move only a short distance. Medium-distance migrants cover distances that span from one to several states. There are also long-distance migrants.

Текст	A	B	C	D	E	F	G
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**20.** Установите соответствие между текстами А–G и заголовками 1–8. Запишите свои ответы в таблицу. Используйте каждую цифру **только один раз**. В задании **один заголовок лишний**.

1. Various activities to do.
2. Seeing wild animals.
3. Funny names.
4. Seaside observation point.
5. Almost at the shore.
6. Quiet places to explore.
7. Different tactics.
8. Pet-friendly booking.

**A.** The English have a very ironic sense of humour, and it may become clear when you discover what some of the towns and villages across England and the United Kingdom are called. Some are hilarious, while others are just plain rude. It is important to keep an eye out when you pass through the English countryside to see if you can spot a few on your travels. There's Sheepy Parva and Sheepy Magna in Lancashire, Greedy Gut in Somerset, No Place in Derbyshire. There is always something to keep people entertained during their trip!

**B.** England is part of the British Isles and a large archipelago off the coast of Europe. It is not a very big country. In fact, you could fit all the United Kingdom, that is, England, Wales, Scotland, and Northern Ireland, inside Texas, the USA, over 2.8 times. So, it shouldn't come as too much surprise to know that you are never far from the sea when you are in England. In fact, even if you are standing in the very center of the country, you are still no more than 70 miles away from the coast. What a shame that the English weather doesn't often encourage a beach day!

**C.** Badgers are not always a farmer's best friends, but Badger Watch farm in deepest rural Dorset has decided to exploit rather than fight Britain's cutest large mammals. Extremely difficult to spot, a badger seen in the wild is an unforgettable experience. Two specially designed hides at Badger Watch Dorset offer one of the best chances of finding one. Each hide can be booked privately for up to eight people, from 6.30 pm until the lights are shut off at midnight. Alongside badgers, the hides offer a good chance of seeing foxes, deer, and rabbits.

**D.** Holidays are the best opportunity to explore the UK and overseas territories, spending quality time with family or friends including a four-legged one. In fact, holidays are the best excuse to go on some nice dog adventure and give your dog the best time. To plan your perfect holiday, it's a matter of finding a place suitable for dogs. The good news is that there is more choice than you may think. We found that almost all holiday accommodation and hotels have a filter which you can use to navigate your options, although some are better presented than others.

**E.** The Hebrides are a beautiful archipelago, where Scottish Gaelic is still spoken. Each day will be a combination of relaxation and adventure. On a full day's excursion, we may spend four or five hours in the kayaks and cover between seven and ten miles, with plenty of opportunities to land and explore islands on foot. One of the best ways to explore its coastline and spot some of the many bird species, otters and seals is by kayak. We can offer full-day guided trips, taking in hidden coves, long sandy beaches, and hidden ancient sites.

**F.** You never forget your first whale. Such sightings are, of course, down to good fortune and timing, but once you've seen your first whale, you will want to see another and another. Famous for its whaling fleet, the Yorkshire coast is one of the best places in England to spot Minke whales, which appear in late summer, following the mackerel. From the coastline of the Outer Hebrides, you can spot up to 23 species of whales, more than a quarter of the world's 89 known species, which pass through the waters off the west coast of Scotland.

**G.** In summer the possibility of finding a calm area away from the crowds of holiday-goers can be a difficult task. Known as the Heritage Coast, the Northumberland coast area of outstanding natural beauty is surprisingly crowdfree, even in high summer. If you're willing to relax, you'll find a number of excellent

bathing beaches here. Heritage hunters and nature watchers are spoiled with fantastically arresting castles. Most striking is the mighty fortress at Bamburgh. Many architectural historians have declared this the most wondrous of all England's coastal castles.

Текст	A	B	C	D	E	F	G
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