Прочитайте текст и заполните пропуски A–F частями предложений, обозначенными цифрами 1–7. Одна из частей в списке 1–7 лишняя. Занесите цифры, обозначающие соответствующие части предложений, в таблицу.

If you eat very quickly, it may be enough to increase your risk of being overweight, research suggests.

Osaka University scientists looked at the eating habits of 3,000 people. Just about half of them told researchers that they **A** _____. Compared with those who did not eat quickly, fast-eating men were 84% more likely to be overweight, and women were 100% more likely to **B** _____.

Japanese scientists said that there were a number of reasons why eating fast **C** _____. They said it could prevent the work of a signalling system which tells your brain to stop eating because your stomach is full. They said: 'If you eat quickly you basically fill your stomach before the system has a chance to react, so you **D** _____.

The researchers also explained that a mechanism that helps make us fat today, developed with evolution and helped people get more food in the periods when they were short of it. The scientists added that the habit of eating fast could be received from one's parents genes or **E** _____.

They said that, if possible, children should be taught to **F** _____, and allowed to stop when they felt full up at mealtimes. 'The advice of our grandmothers about chewing everything 20 times might be true — if you take a bit more time eating, it could have a positive influence on your weight.

1. just overfill your stomach
2. could be bad for your weight
3. have a habit of eating quickly
4. linked to obesity
5. eat as slowly as possible
6. put on weight
7. learned at a very early age

Пропуск	A	B	C	D	E	F
Часть предложения						