## The Lake District

The Lake District is a popular National Park. More and more people enjoy its
fantastic scenery each year, due 30 increasing numbers of car owners and
improvements to local roads and motorways. This, 31, is placing an ever
increasing pressure on this beautiful and valuable environment.
Traffic jams in and around the Lake District create air pollution. Parking facilities
at most tourist sites are overflowing in peak season causing visitors to park on the grass
which, 32, causes soil erosion. Litter is also a problem, 33
many bins are provided and people are 34 to take their litter home.
Activities 35 hiking, camping and mountain biking cause severe
footpath erosion. Visitors often leave the designated trails, risking nesting birds and
animals being disturbed, vegetation being destroyed and water courses
becoming polluted.
In addition, the traditional hill farming of the Lake District has effects on the
landscape. Grazing sheep 36 the grass short and eat other vegetation,
including young saplings. The difficulty faced now is how to preserve the beauty of this
area without lowering the enjoyment of visitors or impairing the livelihoods of local
farmers.

Вставьте пропущенное слово.

- Discouraged.
  Courageous.
  Encouraged.
  Incorrigible.