

*Вы услышите интервью дважды. Выберите правильный ответ 1, 2 или 3.*

What is the main idea that we learn from the interview?

1. People should spend as little time looking at screens as possible.
2. Technology is too important for people to limit their time using it.
3. It is possible to use gadgets and not let them have a bad effect on you.